

# THE 5D THINKING NEWSLETTER

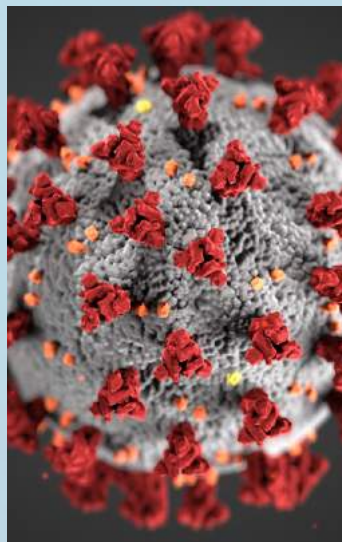
A UNIQUE APPROACH TO READ THE UNIVERSE



**Special read:** "Understanding COVID-19"  
by Dr. Colin Turner

## **SNEAK PEAK OF WHAT'S INSIDE:**

- *5D Thinking on COVID-19*
- *Pondering on the Importance of Oxygen*
- *Three Days to See*



## **Book Review:**

**On Illness:  
Remedies for the  
Sick  
by Said Nursi**

Welcome to the tenth edition of  
**The 5D Thinking Newsletter!**

Dear Subscriber,

Welcome to the tenth edition of the 5D Thinking newsletter!

In this issue, you can explore the 5DT Approach to the current pandemic and read a thought-provoking article by Dr. Colin Turner entitled "Understanding COVID-19". This newsletter also contains a review of Dr. Turner's translation of Bediüzzamman Said Nursi's treatise *On Illness: Remedies for the Sick*, as well as an enlightening article by Saba Irshad Ansari on the importance of oxygen in the pandemic. In this edition, you can also read an eye-opening review of Helen Keller's famous essay "3 Days to See" by Dr. Necati Aydin.

If you would like to learn more about how you can be part of our 5D Thinking pilot program, please read our "Call for Volunteers" page at the end of this issue.

Remember, you can unsubscribe at any time by clicking on the link at the end of the newsletter. We hope to continue to inspire you with the Five Dimensional Thinking (5DT) Approach to education.

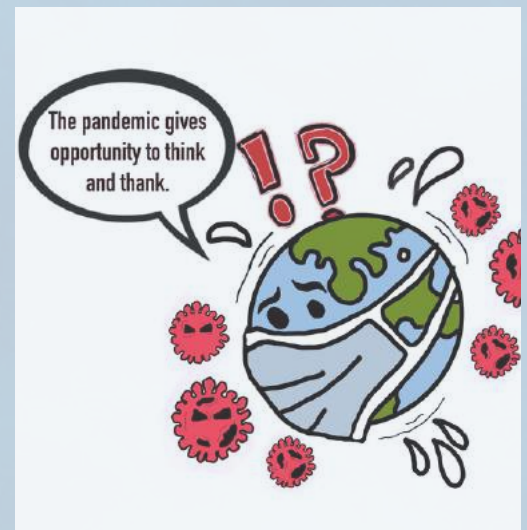
On behalf of the 5D Thinking Team,

Nadine Kamal



# 5D Thinking on COVID-19

*Life has almost come to a standstill. The world we live in has been on lockdown for months! Why? Due to a minuscule, lifeless virus that has the capability of disrupting and destroying millions of lives. As of June 2021, more than 172 million people have been infected. Over 3.5 million people have lost their lives. The virus has disrupted economic and social lives everywhere. It has brought human civilization to its knees!*



We hear almost every day about the destructive sides of the pandemic. But is there any goodness in such an apparent calamity? If we look from a positive perspective, we may give a short answer: "yes". For a longer answer, let us explore it through the 5D thinking perspective.

In the **first** dimension, Analytical Thinking, we learn about the structure of the coronavirus and discover how the immune system is designed to defend the body from the harmful actions of viruses. Next, in the **second** dimension, Analogical Thinking, we compare the structure and function of viruses to robotic soldiers and xenobots ("living" robots made up of a combination of biotic cells).

Then, in the **third** dimension, Critical Thinking, we reflect on how robotic soldiers and xenobots came to be, and how they are no match to the sophisticated weaponry of the body's immune system. In the **fourth** dimension, Meditative Thinking, we explore the hidden messages in the microscopic phenomenon known as the virus and reflect on the attributes of its Creator. Finally, in the **fifth** dimension, Moral Thinking, we reflect on the six lessons we have derived from the painful experience of the current pandemic.

For a free download of "5DT on COVID19", please click [here!](#)

# Understanding COVID-19

*Dr. Colin Turner*

The Corona virus can be understood solely from a material perspective, in which case the questions we ask are, “What is made of?” and “How does it function?” Or it can be understood also from a spiritual perspective, in which case the questions we ask are, “What is it saying to us?” and “What truth is it pointing to?”

The Corona virus targets, among other things, the human respiratory system, which is responsible for regulating our breathing. On a material level, breathing helps to keep us alive: breath comes and goes, we breathe in and out, and any external attack on this system is basically an attack on the whole living organism itself.

On a spiritual level, breath may be interpreted as spirit. The human being is a mixture of matter and spirit: the Creator ‘blew’ from His spirit into the form that He had fashioned out of clay. My question is this: Could it be that Covid’s attack on the respiratory system is simply an outer expression of a spiritual truth – namely the attacks that are being directed at human spirituality? Maybe we should see Covid as a material representation of what is happening on a deeper, spiritual level, with the attack that is taking place on our respiratory systems by an external pathogen (i.e. Covid) reflecting the attack which is taking place on human spirituality by the external toxins of late modernity, e.g. materialistic atheism, secularism, scientism, gender ‘dysphoria’, identity politics, and various other poisonous and debilitating currents.



While these toxins have always existed, they seem in the past few decades to have become such that truth in general – and spiritual truth in particular – has become difficult to find and almost impossible to express without being censored, banned, ‘cancelled’, ‘de-platformed’ and generally marginalised. Physical suppression of the truth finds expression in tragedies such as the ‘re-education’ of the Uighurs, while attempts to address the inversion of values that has taken place in all corners of society are rejected as ‘this-or-that-phobia’ – the identity of the ‘this-or-that’ depending on the particular perversion of human nature or corruption of the human spirit that is being questioned. Those who live for the sake of eternity rather than for the sake of just a few decades on earth may be forgiven for likening life on earth to a prison, or for feeling that someone has their knee on their neck and is trying to suffocate them. If you feel that you can’t breathe, maybe it is because the spiritual equivalent of Covid is doing to our spiritual system what Covid is doing to our respiratory system. Surely this is something that only a vaccine of prayer and patience can begin to overcome, although I’m pretty certain that others will have more radical suggestions. And they would not be particularly out of place, either.

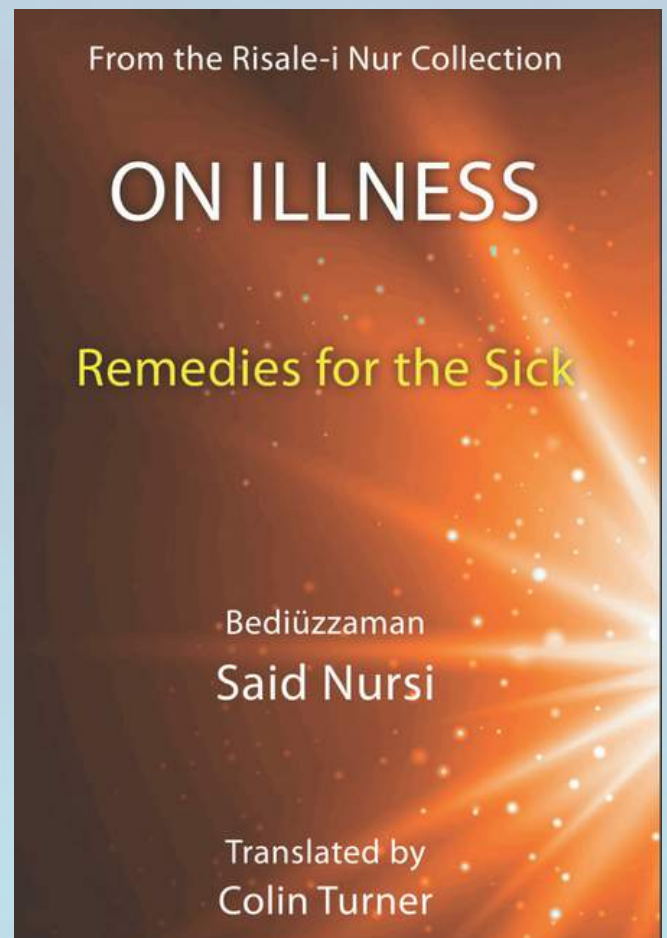
## Book Review:

### On Illness: Remedies for the Sick by Said Nursi (translated by Colin Turner)

by Nadine Kamal

Colin Turner's elegant translation of Bediuzzaman Said Nursi's treatise on "On Illness" was truly a pleasure to read. What is remarkable about this translation is its readability, which makes it appear untranslated.

Turner manages to convey elements of spiritual depth that are usually lost in translation. There were multiple instances where I had to stop reading and simply allow the sheer joy of the words to sink in. As a non-Turkish speaker, I was frustrated with my inability to connect deeply with earlier translations of Nursi's work (in English or Arabic). It has to be said however, that the beauty of this translation does not negate the incredible value of former translations by esteemed scholars, without which much of the non-Turkish speaking world would have never been given the chance to explore the incredible wisdom of Nursi.



In his treatise "On Illness", the contemporary scholar and thinker Said Nursi (1878-1960) gives the reader 25 remedies for the sick. Although Bediuzzaman points to the potential shortcomings that may have resulted out of the haste in which this disquisition was written, it was difficult to uncover any evidence of injudicious advice.

On the contrary, Nursi does not shy away from confronting the multi-dimensional reality of illness which, first and foremost, forces us to acknowledge our own inherent impotence and neediness.

**"Your body is not made of iron or stone; it is made of materials which perish easily. So give up your pride, acknowledge your impotence, recognize your Owner and know your duties."**

He compares life to capital and reminds us that illness is a way of prolonging life thus allowing us to reap additional benefits from this capital. He reminds us of our true purpose as human beings that includes trading our patience and steadfastness for an eternal life. Nursi provides distinct remedies for those who are impatient with their illness and for those who complain.

## Book Review:

### On Illness, Remedies for the Sick by Said Nursi (translated by Colin Turner)

by Nadine Kamal

To those who complain about their illness, Nursi says that since we do not own our physical bodies, we do not have a say in what happens to them. He uses the analogy of a fashion designer who commissions the services of a model to display his artistic creation. The designer proceeds to alter the garment on the model, by cutting and trimming, adjusting the hem etc. Nursi asks the reader whether it would be acceptable for the model to question the actions of the designer; whether she had the right to complain about the designer's efforts to adjust the beautiful diamond-studded creation to his liking. Bediuzzaman compels the reader not to "be like the designer's model in the example. The All-Glorious Maker has designed for you a body that is beyond compare, bejeweled with faculties such as your hearing, your vision, your heart and your powers of reason. Your body has been embroidered with patterns of His Most Beautiful Names, and, as with the garment in the example, your Maker works on your body constantly, turning it this way and that, putting it through various different states, and altering it as He sees fit. Just as hunger teaches you that He is 'the One Who Provides' (al-Razzāq), then illness teaches you that He is the One Who heals (al-Shāfi)."

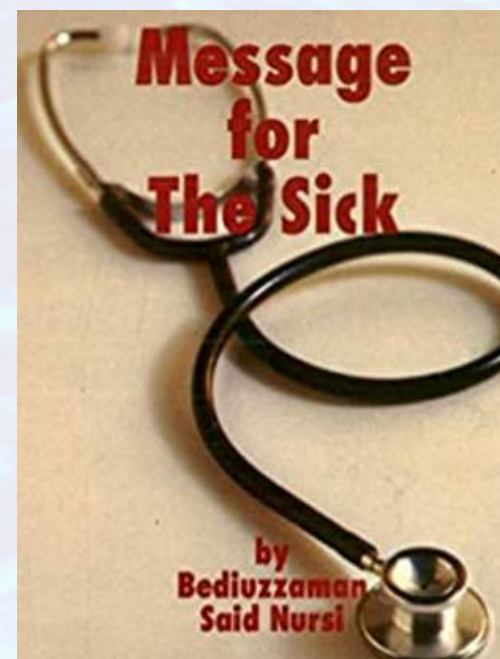
Nursi does not shy away from tackling difficult topics such as childhood illness and death and provides remedies for common afflictions such as worry and anxiety. He reminds us to focus on the present moment:

"As for the future, it has yet to arrive. To dwell on days that have not yet come and to feel upset and impatient over pains not yet experienced makes no sense at all."

In short, this treatise is invaluable to anyone who is struggling to find meaning in a prolonged physical illness, disorder or adversity. Adopting the remedies in this loving prescription will add value to otherwise pointless human suffering.

#### An Excerpt from Nursi's book on illness:

"To those who are sick and who worry unnecessarily, I say this: Serious illness may cause you to worry, but worrying merely exacerbate your illness. If you want your illness to improve, you must try not to worry. Think instead of the benefits to be had by being ill; think of the reward for it, and have faith that it will pass quickly. This will remove your worries and sever the illness at its root. Indeed, worry tends to double the illness, for it adds immaterial pains to the already existing physical ones. Physical illness tends to feed off immaterial illness. Submission, contentment, and understanding why one is ill all lessen the worry of illness; as a result, there is a decrease in its severity, and sometimes it almost disappears altogether. Sometimes a minor physical ailment becomes ten times worse simply through anxiety; when the anxiety ceases, nine-tenths of the illness disappear with it."



# "Three Days to See"

(Reading Helen Keller's essay through a 5D thinking perspective)

By Dr Necati Aydin

...  
If I were the president of a university, I should establish a compulsory course in '**How to Use Your Eyes**'. The professor would try to show his pupils how they could **add joy to their lives by really seeing what passes unnoticed before them**. He would try to awake their dormant and sluggish faculties.



**Helen Keller (1888-1968)**

Perhaps I can best illustrate by imagining what I should most like to see **if I was given the use of my eyes, say, for just three days**. And while I am imagining, suppose you, too, set your mind to work on the problem of how to work on the problem of **how you would use your own eyes if you had only three days to see**. If with the oncoming darkness if the third night you knew that the sun would never rise for you again, how would you spend those three intervening days? **What would you most want to let your gaze rest upon?**

I, naturally, should want most to see the things which have become dear to me through my years of darkness. You, too, would want to let your eyes rest long on the things that have become dear to you so that you could take the memory of them with you into the night that loomed before you.

If, by some miracle, I were granted three seeing days, to be followed by a relapse into darkness, I should divide the period into three parts.

**On the first day**, *I should want to see the people whose kindness and gentleness and companionship have made my life worth living.* ... I know my friends from the feel of their faces. But I cannot really picture their personalities, of course, through the thoughts they express to me, through whatever of their actions are revealed to me. But I am denied that deeper understanding of them which I am sure would come through sight of them, through watching their reactions to various expressed and circumstances, through noting the immediate and fleeting reactions of their eyes and countenance....

In the afternoon of that first seeing day, **I should take a long walk in the woods and intoxicate my eyes on the beauties of the world of Nature, trying desperately to absorb in a few hours the vast splendor which is constantly unfolding itself to those who can see**. On the way home from my woodland jaunt my path would lie near a farm so that I might see the patient horses ploughing in the field (perhaps I should see only a tractor!) and the serene content of men living close to the soil. And I should pray for the glory of a colorful sunset.... In the night of that first day of sight, **I should not be able to sleep**, so full would be my mind of the memories of the day.

# "Three Days to See"

(Reading Helen Keller's essay through a 5D thinking perspective)

The next day - **the second day of sight** - *I should arise with the dawn and see the thrilling miracle by which night is transformed into day. I should behold with awe the magnificent panorama of light with which the sun awakens the sleeping earth.* This day I should devote to a hasty glimpse of the world, past and present. I should want to see the pageant of man's progress, the kaleidoscope of the ages. How can so much compressed into one day? Through the museums, of course. ...

**The following morning, I should again greet the dawn,** anxious to discover new delights, for I am sure that, for those who have eyes which really see, the dawn of each day must be a perpetually new revelation of beauty.... *Today I shall spend in the workday world of the present, amid the haunts of men going about the business of life.* And where one can find so many activities and conditions of men as in New York? So the city becomes my destination.... My third day of sight is drawing to an end. Perhaps there are many serious pursuits to which I should devote the few remaining hours, but I am afraid that on the evening of that last day I should run away to the theatre, to a hilariously funny play, so that I might appreciate the overtones of comedy in the human spirit.

At midnight my temporary respite from blindness would cease, and permanent night would close in on me again. Naturally in those three short days, I should not have seen all I wanted to see. Only when darkness had again descended upon me should I realize how much I had left unseen. **But my mind would be so overcrowded with glorious memories that I should have little time for regrets.** Thereafter the touch of every object would bring a glowing memory of how that object looked.

Perhaps this short outline of how I should spend three days of sight does not agree with the program you would set for yourself if you knew that you were about to be stricken blind. I am, however, sure that if you actually faced that fate your eyes would open to things you had never seen before, storing up memories for the long night ahead. *You would use your eyes as never before. Everything you saw would become dear to you. Your eyes would touch and embrace every object that came within your range of vision. Then, at last, you would really see, and a new world of beauty would open itself before you.*

I who am blind can give one hint to those who see - one admonition to those who would make full use of the gift of sight: **Use your eyes as if tomorrow you would be stricken blind. And the same method can be applied to other senses.** Hear the music of voices, the song of a bird, the mighty strains of an orchestra, as if you would be stricken deaf tomorrow. Touch each object you want to touch as if tomorrow your tactile sense would fail. Smell the perfume of flowers, taste with relish each morsel, as if tomorrow you could never smell and taste again. **Make the most of every sense; glory in all the facets of pleasure and beauty which the world reveals to you** through the several means of contact which Nature provides. But of all the senses, I am sure that sight must be the most delightful.

(The short version of the essay by Helen Keller as published in Atlantic Monthly (January, 1933) The emphasis is added.

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**It is an amazing essay. It made me almost cry when I first read it.** Indeed, she is right. We think very little of the constant blessings. We take them for granted. Even though we have sight and other senses, we are no different from blind people because we do not use them. Thus, the essay makes us think and see the vast beauty around us. I could not help but read the essay several times. I know Helen Keller's heartbreaking life story. What made me cry was not her story.



# "Three Days to See"

(Reading Helen Keller's essay through a 5D thinking perspective)

She is no different from people her age. **The reality of death is what makes them all equal.** Thus, there is no need to pity her since she was blind and deaf while others at that time could enjoy the beauty of life. **They are now all blind and deaf.** They do not even have the blessing of touch anymore. Thus, we need to cry for them all, not just for Helen Keller. Soon, we will be joining them as well. Therefore, I believe the above tragic story is not hypothetical or historical. It is an allegorical story of every human being.

**Yes, we all have only three days (72 hours) to see, hear, touch, and taste the beauty of this world if we use the scale of one hour for one year.** After all, once it is all over, there will be barely any difference between one hour and one year.

Is there any hope for not losing the great blessing of experiencing a beautiful life? **Is there any way to keep our sight and senses forever?** These are the questions we need to ask. In fact, nothing should be more important than answering these questions. In the answers to these questions lies the deep desire of every human being. Even an atheist like Nietzsche cries for eternity when repeatedly declaring his love for it: *"Never yet have I found the woman by whom I should like to have children unless it be this woman whom I love: for I love you, O Eternity! For I love you, O Eternity!"* That is because love without eternity is nothing but ultimate misery since the beloved ones- sooner or later- will be lost forever.

Does the essay above give any hope for eternity? No, it does not, because it seems like the author was not aware of ultimate reality. She was able to sense physical beauty through touching. However, *it seems she was deprived of seeing anything beyond. Perhaps, she was blinded to the ultimate reality through secular education.* That is why she attributed miraculous things in life to Nature. In the end, she made it clear that all forms of beauty are provided by Nature. One might argue that Nature is just another word for God. This is not true. **The word choice is not just rhetorical. It reflects a huge difference in the worldview. Yes, Nature stands for God in a secular worldview. However, nature is blind, deaf, and ignorant. It does not hear our desire for eternity.**

Then, what should we do? We should never settle for anything less than the eternal. We should seek the One who can give us eternity. This is only possible when we go beyond appearances and see the Divine Power in everything. In fact, that is what we aim to provide in the 5D thinking approach- which opens the eyes to other dimensions of reality beyond the factual one. For that, we need to engage in analogical, critical, and meditative thinking. We need to connect the dots. Is that easy to do? In my view, it is extremely easy. In fact, *just as Helen Keller was shocked with the blindness of her friend to beauty, I am shocked how by how some people are blind to the Divine Power.* We need a little reflection to open the eyes of our mind to see Him. **If we remove the veil of deaf causes, ignorant nature, and blind chance, we will realize that the Infinite Power, Knowledge, Wisdom, and Mercy reveals Himself through everything in life.** We will hear Him speaking to us through His creative acts every moment. **Once we find Him, we will find everything, including eternity.** We will solve the riddle of life. We will read its meaning. We will be full of sincere appreciation to Him for granting us our mind and five senses with which we can enjoy the vast beauty of the universe. We will rely on His Mercy to preserve our senses and reveal His beauty for constant enjoyment and appreciation.

# 5D Thinking Blog Article: Pondering on the Importance of Oxygen during the Pandemic

*Saba Irshad Ansari*



Out of many things that we take for granted in our lives is the free atmospheric oxygen- a colorless, tasteless, and odorless “chemical element that constitutes 21 percent of the Earth’s atmosphere, that is capable of combining with all elements except some noble gases, that is active in physiological processes of almost all known organisms, and that is involved especially in combustion.” The atomic number of an oxygen atom is 8 which means it has protons in its nucleus. It is only when two atoms of oxygen combine at a certain temperature and pressure that one oxygen molecule is formed known as dioxygen, with the formula O<sub>2</sub>.

Every time we breathe in our lungs inhale oxygen and exhale carbon dioxide. “All aerobic creatures need oxygen for cellular respiration, which uses the oxygen to break down foods for energy and produces carbon dioxide as a waste product. Breathing, or “external respiration”, brings air into the lungs where gas exchange takes place in the alveoli through diffusion. The body’s circulatory system transports these gases to and from the cells, where “cellular respiration” takes place.” The circulatory system of the body helps ferry the oxygenated blood throughout the body and returns with the carbon dioxide which is exhaled out. As we run or exercise our respiratory rate increases and decreases accordingly. “The heart pumps faster (increased heart rate) to increase the blood supply and we breathe more quickly (increased respiratory rate) to get more oxygen into the blood.” The oxygen in the atmosphere is produced in two ways: biological production and abiotic production. Plants along with phytoplankton are said to be the major source of biological production of oxygen. Photolysis is considered the source of the abiotic production of oxygen in the earth’s atmosphere.

The discovery of oxygen in 18th century by Carl Wilhelm Scheele and Joseph Priestly, and the information about the role it plays in sustaining lives by Antoine-Laurent Lavoisier led to further research on it and paved the way for its artificial distillation. Distilled oxygen is now widely used for medical and commercial purposes. There are several methods of distilling oxygen. One of them involves the lowering of air temperature to liquify it and then carefully distilling the liquefied air to capture various gases.

The other, and the most common way is the cryogenic distillation process which produces pure oxygen for the commercial or medical purposes.

Humans have been using distilled oxygen ever since its discovery but it was not until the world was hit by the (ongoing) Covid-19 pandemic, a disease caused by SARS-COV-2 (Severe Acute Respiratory Syndrome Coronavirus 2) which leads to severe lung infection and death, that the world at large demanded the medical oxygen for its victims to survive. A sudden surge in the demand of medical oxygen has left humans appreciating it now more than ever as an elixir and its manufacturers as the saviors of humanity. Medical oxygen has always been quite expensive but is now seeing even more inflation in its prices due to Covid crisis and the black-marketing of oxygen cylinders.

Just as one would be in awe of the discovery of the oxygen and its distillation from the air as a “life-saving” substance, one should be left even more amazed by atmospheric oxygen as a “life-sustaining” substance. It should, then, leave one with countless questions such as – how old is the presence of oxygen on the planet? Why does a combination of some basic particles result in different properties? Despite enormous progress in science and technology, we are still short of the knowledge and power required to make an artificial leaf which could produce oxygen. Then, how is it that plants with no mind, nor education work as amazing air filters and oxygen producing factories? Who taught them the process of photosynthesis in the first place? If artificially produced oxygen costs us a hefty amount of money, then why is the oxygen in the atmosphere available to us for free?

If artificially distilled oxygen has a maker, is it not reasonable to say that atmospheric oxygen must have a maker too? Does it not make sense to say that the Maker must be the one who has taught plants to produce oxygen because plants do not possess the necessary consciousness and knowledge to do so?

All of the questions aimed at the production of oxygen that is present in the atmosphere, in one way or another, are pointing towards the All-Powerful, the Most-Generous, the Sustainer, the Most Merciful, and the All-Wise. That is because the production of atmospheric oxygen is a pretty complex phenomenon and is connected to the entire universe. In fact, if we study all the necessary conditions to produce oxygen, we should conclude that oxygen is the product of the entire universe which works like a giant factory.

Let us, here, for a moment go back to the Big Bang. There were no elements before it, hence no oxygen. According to modern science, it took a supernova explosion to bring some atomic particles in an orderly manner to form oxygen. Matter is essentially composed of two things: leptons and quarks. Leptons (the most famous being the electrons), and quarks (of which baryons such as protons and neutrons are made) combine to form atoms. Materially speaking, the essence of all types of matters is exactly the same. However, strangely, the very same raw materials gain different properties as they come together in different numbers and shapes. That is obviously nothing short of a miracle. Metaphorically, the oxygen that we breathe is like food that has been cooked in the galactic oven.

Thus, only the One who has complete power on everything can sustain every single creature on earth. The One who is Merciful enough to provide us with an endless supply of oxygen through the plants 24\*7 and who is All-Wise to balance the level of oxygen in the air can make it happen endlessly and flawlessly. Because only the Best of Fashioners can design the respiratory and circulatory systems of all creatures in accordance with varying oxygen levels in low and high altitudes respectively.

This comparison between the atmospheric and artificial oxygen has not been done to belittle human efforts of producing artificial oxygen but to draw attention towards an incredible gift which we often take for granted. It is, usually, not until a blessing is taken away from us that we realize the true meaning of things that are 'free' to us. And there can be no better time than the quarantine or a lockdown to reflect on the deeper meaning of things around us.

With every breath that we take, we should be thoughtful of the presence of atmospheric oxygen - a sort of food which was cooked in the galactic oven billions of years ago and be thankful for the healthy lungs with which we are able to process it. We should be thankful for the plants which partake in the renewing of oxygen when it gets depleted. The realization of the free supply of atmospheric oxygen round the clock should make us more humble to the One who has created it. By thanking Him and realizing His might we succumb our ego and become more kind and compassionate to our fellow beings. In trying times like these a moral lesson drawn from a simple element like oxygen should make us appreciate it more and abstain us from any wrong conduct. The Covid-19 pandemic has, no doubt, caused terrible destruction to humanity but at the same time it has taught us not to take anything for granted ever again.

# Call for Volunteers to Pilot 5D Thinking Materials

## *Who could be volunteers?*

**Teachers of Weekend Islamic Schools:** Integrative 5D topics such as "Character Education through Belief and Science in 5D Thinking Approach" are ideal for teaching at weekend Islamic schools.

**Teachers of Science Subjects at Islamic Schools:** You can use the 5D topics to supplement life science/biology courses. The 5D topics can be used as supplementary materials to introduce additional dimensions of thinking to students.

**Teachers of Character Education course at Islamic Schools:** You can use the published 5D topics as supplementary material for Character Education.

**Parents who want to provide Character Education for their kids:** We can help you design a weekly plan to study one topic each week.

## *How does volunteering work?*

Kindly e-mail us to express your interest in the pilot program at [contact@5dthinking.org](mailto:contact@5dthinking.org). You will be assigned a mentor to guide you on how to use the 5D thinking materials.

## *Need to know more?*

We invite you to access our free 5D thinking resources for your educational activities. They are available in two versions: brief and full. You can download them from the 5dthinking website.  
» We also invite you to watch 5D thinking videos on our YouTube channel.  
» Join our 5D thinking community through our Facebook page: <https://www.facebook.com/5DThinking>  
» We urge you to subscribe to the 5D Thinking Newsletter which is published every other week.  
We hope you will be part of our 5D thinking project using our free 5D thinking materials.



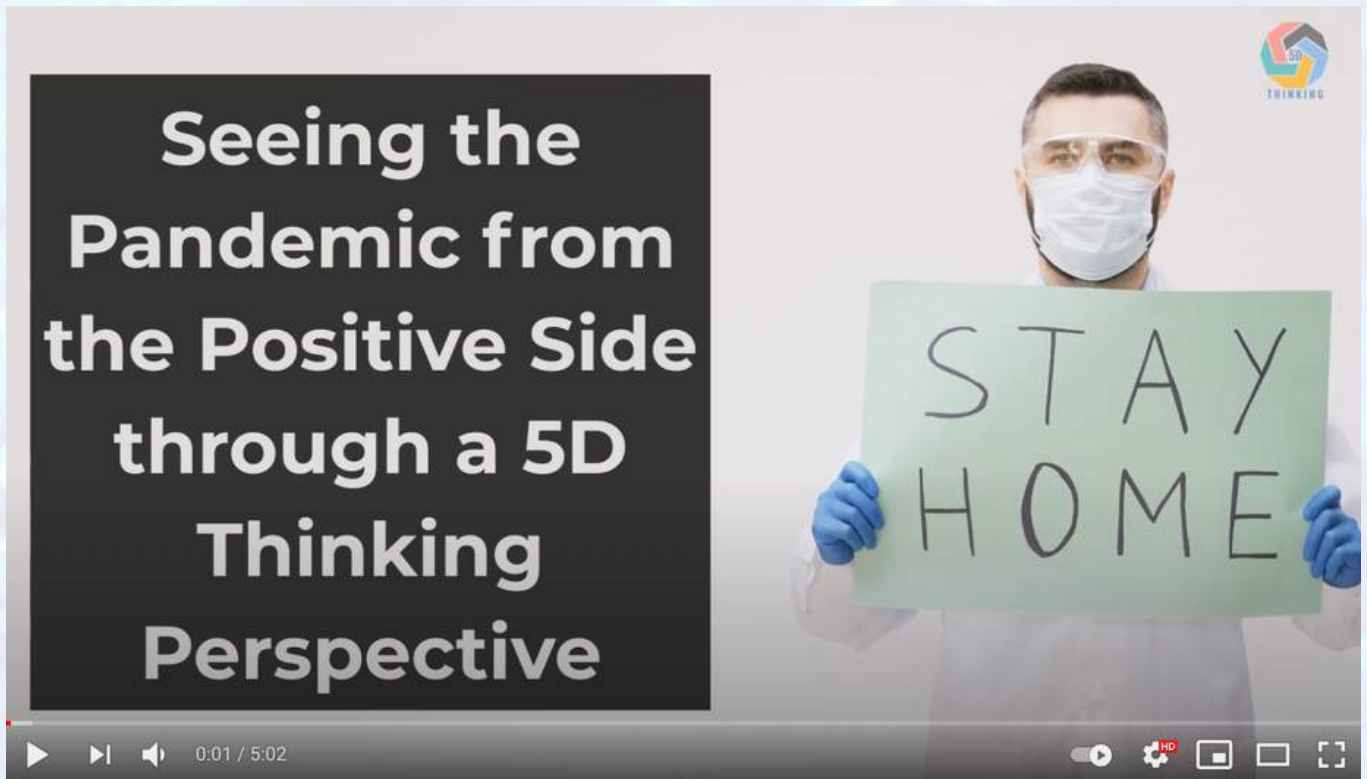
## 5d thinking

We kindly invite teachers and parents to volunteer in piloting the 5D educational materials which aim to help people read the universe like an elegant book through pure scientific knowledge and authentic Divine wisdom. The project is called Five Dimensional (5D) Thinking and includes Analytical, Analogical, Critical, Meditative, and Moral dimensions of thinking. Through an integrative approach, its aim is to derive meanings and character lessons from the scientific study of the universe.

The 5D thinking approach is based on the assumption that ideology-free science and authentic, Divinely-revealed knowledge do not contradict each other, as they both come from the same source. It assumes that the universe is an eloquent book, replete with meaningful signs. It considers pure science to be an excellent way of revealing the Divine signs which make up the book of the universe.

The 5D thinking project is the product of five years of collaboration between renowned professors from various fields such as philosophy, engineering, Islamic studies, and economics. After developing a sound methodology and publishing a book on the subject through Routledge in 2019, the 5D thinking team began drafting educational topics based on the 5D thinking approach for students, teachers, and parents.

Click on the image below to view the YouTube clip on the COVID-19 topic through the 5D Thinking approach.



For more free 5D Thinking educational materials, please visit [www.5dthinking.org](http://www.5dthinking.org)

Follow us on our social media accounts by clicking on the icons below.

