



5D THINKING MAGAZINE

January - February 2024 | Issue 1

You & The UNIVERSE

Dr. Colin Turner

Human as a microcosmos

Dr. Ali Mermer

5D Thinking to Construct A God-Centric Worldview,

Haroun Asghar

5D Thinking in Schools

Uzma Ahmed

Contemplating The Mouse Brain Cell Atlas

Aisha Alowais

5D on the Water Cycle

5D Thinking Team

Existence and Meaning

Dr. Saba Ansari



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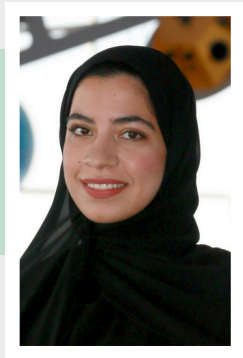
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EDITOR'S LETTER



Dear Readers,

Welcome to the first issue of 5D Thinking magazine, where we explore the integration of spirituality and science to reveal the divine signs in the universe. This edition introduces our mission and features insights from thought leaders like Dr. Colin Turner and Dr. Ali Mermer, who guide us through understanding our cosmic connection and the exploration of the human being as a microcosm of the universe

We share transformative experiences from educational settings where 5D Thinking is applied, showcasing its impact on educators and students, covered by Uzma Ahmed. Saba Irshad takes us through the Existence and Meaning certificate program and its current progress. Additionally, we introduce our new workbooks designed to harmonize science and religion alongside discussions on the potential of 5D Thinking to reshape worldviews and educational paradigms.

Furthermore, we invite our readers to become active participants in this journey. Through calls for contributions and updates on upcoming events, we aim to foster a community of curious minds and compassionate hearts, united in the quest for deeper understanding and appreciation of the divine tapestry we are all a part of.

In this issue, we also delve into the practical applications of 5D Thinking, reflected in the Water Cycle article. Furthermore, Aisha Alowais reflects on a selected breaking science news from the 5D lens. Finally, this edition is concluded with a beautiful, 5D-inspired poem by Abdulaziz Rasoul.

Join us as we delve into these topics and more, inviting you to reflect, question, and deepen your appreciation of the sophisticated universe and its Maker. We hope this edition inspires a renewed sense of wonder and a closer connection to the divine creation.

Warm regards,

**On behalf of the 5D Thinking Team,
Aisha Alowais**



WHO WE ARE



THE INSTITUTE

The Institute of Integrated Knowledge (IIK) is an institute of advanced study, research, and outreach for interdisciplinary exploration and the integrative understanding of existence. The programs offered by it serve as an intellectual platform for academics, intellectuals, educators, researchers, and graduate students. It introduces the Islamic knowledge tradition with its emphasis on viewing the universe not as something self-referential but rather as something that expresses its true meaning by referring to what lies beyond itself.

A prominent initiative by the IIK is the 5D Thinking project, which is based on the idea that ideology-free science and authentic Divine messages do not contradict each other, as they both come from the same source. It assumes that the universe is an elegant book with full of meaning (signs). It considers pure science as a great way to reveal the Divine signs in the book of the universe.

The 5D thinking approach aims to help students to derive character lessons from scientific knowledge. It is expected to help students read the universe like an elegant book conveying Divine messages on how to be a better human being through good character.

THE TEAM

Chief Editor

Dr. Necati Aydin



Managing Editor

Aisha Alowais



Content Editor

Uzma Ahmed



5D Columnist

Dr. Saba Ansari



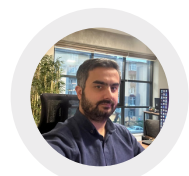
Graphic Designer

Said Duran



Motion Designer

Mustafa Oztas



[Explore the IIK Website here!](#)



[Explore the 5D Thinking website here!](#)



Scope

The heart of our magazine beats to the rhythm of 5D thinking, diving deeper than just the realm of science to interpret the meaningful narratives of existence and life. We welcome contributions from a diverse community of educators, researchers, students, parents, and enthusiasts.

Vision

We aspire to be the guiding light in education, illuminating minds and hearts with the transformative potential of the 5D thinking model. Our grand vision stretches across continents, with the hope that institutions from every corner of the globe will seamlessly embed the 5D framework into their curricula. We envision a world where education fosters a profound, holistic grasp of the cosmos, transforming every lesson into an exploration, each classroom into a gateway, and every student into an interstellar voyager, moving beyond 4D reality to a 5D realm where we perceive existence holistically and pursue a meaningful life.

Mission

We aim to broaden human understanding beyond the familiar four dimensions, introducing the malakuut/meaning as our fifth dimension. This approach not only deepens our grasp of reality but also enriches every facet of our lives. We believe that everything around us conveys meaning, that all is a tapestry of signs waiting to be read and understood.

Our magazine is dedicated to deciphering these signs, turning them into insights for a more purposeful life. With every page, we hope to resonate deeply with our readers, sparking both heart and mind through our unique 5D lens.





YOU AND THE UNIVERSE

Dr. Colin Turner

If you wake up in the morning in good health, with a roof over your head and enough food to last you until the end of the day, it is as though you have been given the whole world.

If you think about it carefully, you will realise that you may not live long enough to see tomorrow come, and so to be given health, shelter and food - which is all you need for today - really is like being given the whole world.

In terms of food alone, this is clearly true. Because if you consider what had to happen in order for your food to reach your plate, it will soon become obvious that not only the world but the whole of creation had to come into existence so that you could eat your dinner today.

Not convinced? Well, your food comes from fields and orchards all over the face of the earth, which itself had to exist in order for people to plant orchards and fields.

And in order for the earth to exist, the whole of the universe had to exist.

As for the people who planted the orchards and fields, their parents had to exist, and their parents before them, and so on until the very first humans on earth. Thus in order for you to exist today, in good health and with shelter, food and drink, the whole of the created cosmos and all of the people in it had to be created.

Think about it: the whole of creation - all for you and, apparently, just for you! And so you see, when you consider today's food alone, it is as if you have been given the whole world, because the whole universe and all of those in it had to exist just so that you could exist and appreciate His mercies and blessings. "And which of your Lord's bounties and blessings will you deny?" (Surah Al-Rahman)



Call For Contributions

Share Your 5D Experience in Our Magazine!



Are you an educator, a curious student, or simply someone passionate about the harmonious blend of science and Divine insights? We're excited to invite contributions that embrace and reflect the profound principles of the 5D thinking model.

Here's your opportunity to be a part of something transformative, to share your unique perspective and insights with our diverse readership. We invite you to share your reflections on your experience with 5D thinking. Tell us how it has influenced your life, work, or worldview. Are there challenges you've encountered that you believe 5D thinking can address uniquely? You can compare 5D with other models, propose topics, or share anything related to this fascinating paradigm shift.

Why Contribute?

Share Your Wisdom: Your unique perspective can inspire and enlighten others.

Foster Dialogue: Contribute to meaningful conversations on the intersection of science, spirituality, and life.

Be Part of Something Bigger: Join a community of like-minded thinkers and educators.

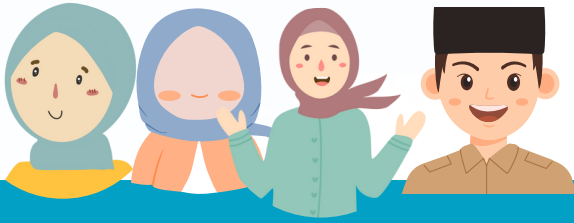


SUBMISSION GUIDELINES

- **Relevance:** Your submission should clearly reflect the principles of the 5D thinking model.
- **Originality:** We value fresh perspectives. Please ensure your content is original.
- **Structure:** Whether it's an article, interview, or review, ensure it's structured, clear, and engaging for our readers.
- **Word Limit:** Aim for 500-1500 words, though we're flexible for compelling pieces.

Submissions can be sent to
[iiknowledge@gmail.com].

Please include a brief bio and any relevant credentials.



TESTIMONIALS FROM SUMMER 2023 CERTIFICATE PROGRAM PARTICIPANTS

“I think anyone who is interested in the topic of the relationship between religion and science, including discussions about the big question of life, will benefit from joining this class.”

-Nuruddin Al Akbar, Indonesia

“It opened up my eyes and mind to many things you think you already know but realize you don't, provided structure and reason to my reflections and introduced me to something applicable far beyond just science and Islam. I've already recommended it to many of my friends around me.”

-Fatin Nabilah, Malaysia

“What I expected from the program was to learn about bridging the gap between science and Islam. I received so much more than what I expected from this course. I learned that there is no gap between science filtered of secular ideology and Islam, and I was taught the concept of Tawhid in a way that tremendously impacted my own faith.”

-Aadila Moola, South Africa

“I encourage everyone who is invited to this program to join. For me, it was like opening a treasure box and finding many jewels that I am still exploring. The professors are knowledgeable and hospitable. They gave us food for the soul and the intellect. I hope everybody can join to learn from this golden opportunity.”

-Hadeel Dbaibo, Lebanon

“This program was defining in what it had to offer in changing my mindset in how I was thinking and acting just at the surface level. Yes, I understood Allah's existence, but the program helped me understand all about this existence and how to use it as a tool need to build not only one's knowledge but oneself in behavioral change.”

-Anonymous





EXISTENCE AND MEANING: A MULTIDIMENSIONAL APPROACH

Dr. Saba Ansari

The Existence and Meaning International Program, orchestrated by the Institute of Integrated Knowledge, Hartford, CT, USA, and jointly organized by the Risale-I Nur Research Platform, Uskudar University, Türkiye, has marked its prominence since its commencement in the summer of 2020.

It is an online certificate program that offers an integrative approach to viewing the universe to help us fathom the true meaning behind our existence. The program has garnered participation from over 400 individuals across the globe, including the USA, Canada, Japan, India, Indonesia, Malaysia, Pakistan, Egypt, Nigeria, and Guyana. Seasoned instructors lead courses that are exquisitely crafted, encompassing a wide array of subjects such as philosophy, history, civilization, the exploration of the Divine Names, existence, meaning, and happiness.

The curriculum has expanded across various sessions, from Summer 2020 to Fall 2020 and through to the ninth cohort in Fall 2023, each meticulously structured to ensure comprehensive learning and exploration.



In line with contemporary educational needs, the program implemented a hybrid format in its Summer 2023 and Fall 2023 cohorts, combining online and in-person interactions for a more dynamic learning environment. A notable event was the last week of the Summer 2023 session, held in Istanbul, which featured intensive brainstorming sessions and a series of engaging activities, enriching the participants' experience beyond traditional classroom settings. The Fall 2023 session, currently in progress, is anticipated to conclude with an equally engaging week at RZS-CASIS, UTM, in Kuala Lumpur this January.





INTRODUCING THE 5D THINKING WORKBOOKS

Uzma Ahmed

We are thrilled to share the news of our latest educational breakthrough - the launch of our inaugural book in the 5D Thinking series, titled "**Science Secrets in 5 Steps.**" This pioneering series marks a significant advancement in educational resources, particularly tailored for Muslim educators and their students.

Spanning from Kindergarten to Grade 6, "Science Secrets in 5 Steps" is meticulously crafted to cater to a wide range of young learners. Its innovative approach is set to transform the educational landscape, offering a unique blend of scientific exploration and spiritual insight.

Muslim educators often grapple with the challenge of transcending materialistic ideologies in the educational landscape. The 5D Thinking Workbooks are meticulously designed to fill this gap, offering a structured, engaging methodology that not only educates but also empowers learners to establish a profound connection with their Creator.

What sets these workbooks apart is their distinctive approach, which seamlessly integrates scientific exploration with spiritual insight. The materials are designed to guide students through a transformative five-step journey. This path leads them through captivating topics, culminating in a deeper appreciation and understanding of the Creator's presence in the universe.

As we unveil this exciting new resource, here's a glimpse of what to expect:

Innovative Approach: A unique method to connect students with the Creator, blending scientific inquiry with spiritual reflection.

Diverse Topics: Offering up to 14 topics, these workbooks are designed to align with International Curricula, ensuring a comprehensive educational experience.

Engaging Design: The workbooks are crafted to be visually appealing and colorful, capturing the attention and interest of young minds.

Interactive Learning: Filled with fun activities, these workbooks ensure that learning is informative and enjoyable and engaging.

The 5D Thinking Workbooks are a bridge connecting young minds to a world where science and spirituality coexist harmoniously, fostering a balanced and enriched learning experience.

[Click here to get your copy!](#)



5D THINKING IN SCHOOLS – SEEDS OF CHANGE AROUND THE WORLD

Uzma Ahmed

August 2023 marked a significant milestone for the 5D thinking community. Our teacher training program in Turkey achieved remarkable progress, influencing schools worldwide.

In this issue, we focus on the remarkable transformation at Tarbiyah Learning Academy in Ottawa, Canada. Under the adept leadership of Ghazala Choudhary and with the insightful contributions of Grade 8 teacher Margena Ghaznavi, the academy has experienced a significant shift in its educational approach.

Uzma Ahmed, interviewed these key figures to delve into the details of this transformation. After the inspiring Istanbul training, six Canadian educators returned, eager to integrate 5D thinking into their schools. They started the academic year with a professional development (PD) session, succinctly presenting the 5D methodology.

Ghazala Choudhury shared encouraging feedback, noting that most teachers adapted well to the new approach.

Grade 8 teacher Margena Ghaznavi described the 5D Thinking program as "mind-blowing." She successfully applied these concepts in her classroom, notably enriching her teaching approach. Margena expressed her newfound perspective on teaching the conviction of Allah's omnipresence profoundly. Margena's enthusiasm is evident in how she leverages the 'Compare' step of 5D thinking, which involves juxtaposing created objects with man-made ones.

As a homeroom teacher, she found 5D concepts seamlessly applicable across subjects, including financial literacy, language arts, and science.

Ghazala Choudhury, reflecting on the transformative August training, acknowledged the significant impact it had on her role as an educator and leader. The 5D Training for her school was a resounding success, with teacher engagement and enthusiasm exceeding expectations right from the initial session. She fondly recalled a particularly impactful presentation from Grade 4 students, a testament to the program's efficacy.

Ghazala lauded the dedication and effort put forth by her fellow educators, highlighting the tangible positive changes in teaching approaches and student engagement.

Dr. Abdallah Idris

One of the most notable outcomes observed at Tarbiyah Learning Academy has been the deepened understanding of the 99 names of Allah among students.

The 5D thinking methodology, with its unique and engaging approach, has significantly contributed to this enrichment. Through interactive sessions and thought-provoking discussions, students have developed a more profound appreciation and comprehension of these divine attributes.

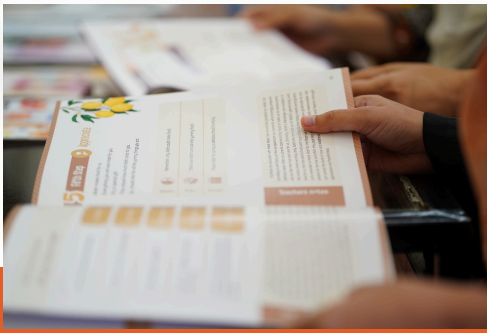
This enhanced understanding goes beyond mere memorization. The students are now able to connect the names of Allah with everyday experiences and observations, seeing the reflections of these attributes in the world around them. This holistic approach has not only enriched their spiritual knowledge but also fostered a more meaningful and personal connection to their faith.



5D SCHOOLS ON BOARD

1. Al Falaah School, South Africa
2. Shakhshiyah School, United Kingdom
3. Hidayah Nursery, United Kingdom
4. House of Wisdom, Pakistan
5. L'ecole Mondial, Pakistan
6. Tarbiyah Learning Academy, Canada





5D SCHOOLS: TESTIMONIALS

Uzma Ahmed

SHAKHSIYAH SCHOOL

“SubhanAllah I did not even realise how secularised my mind was. It was truly an awakening experience and something that will affect me daily now. The course was not just theory, it has a logical, systematic approach, which ultimately connects us back to the Creator, Insha'Allah. “

“I benefitted a lot from this program as it made me question the way I had been brought up to think in a very secular way from textbooks I had studied.”



Online International Workshop

“The perspective I have learned seems practical, many Muslim school want achieve academic targets holistically but failed due to an undecided teaching map. This course and ideology has a precise teaching map but still I can give better feedback after applying this method.”

“Some of the information should be common knowledge to everyone, and it encourages critical thinking which is good of course. It will help me to step back and question more so the premises upon which teachers deliver their teaching.”



NEWS CORNER



Exploring Educational Transformation: 5D Thinking's global impact from Malaysia to the UK, redefining learning and teaching.



5D-Inspired Nursery

In the UK, a 5D Thinking-inspired nursery is a nurturing space where children learn about the wonders of God's creation through play and simple activities. It introduces the unity and purposefulness of the universe, fostering a sense of gratitude and wonder, and grounding their early learning in the appreciation of divine design. Here, young minds would begin to see themselves as part of a larger, purposefully crafted cosmos, instilling in them a profound respect for all life and the Creator's intricate work.



Collaboration with IHES

The collaboration with IHES, an Integrated Holistic Education System conceived by Professor Dr. Hasni Mohamed from ADNI School Malaysia, marks a significant milestone. With 38 years of successful implementation in Malaysian schools, IHES's readiness to integrate the 5D Thinking model is a promising step forward. This partnership is dedicated to equipping individuals with the tools to excel and flourish, not just academically but also emotionally and ethically, through a holistic approach.



5D in Al Falaah School

Al Falah School's embrace of 5D Thinking has been enthusiastically positive, with educators finding personal and professional enrichment beyond the student impact. They've praised the approach for its deep reconnection to faith and understanding of the divine, highlighting its role in reminding and inspiring both teachers and students. This feedback underscores the universal and profound resonance of the 5D Thinking model, valued as much more than just an educational tool.

2023 In Review

JANUARY-MARCH ←
Pilot Study



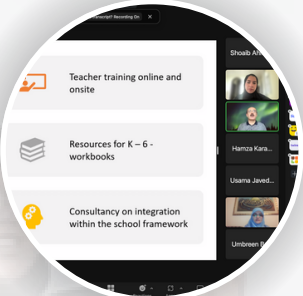
→ **APRIL-MAY**
Workbook Drafts



JUNE
Educator's Retreat and Conference -
Islamic Schools Association Canada
(ISAC) ←



Canada



Online ←



JULY
Islam, Science, & Education Conference
Cambridge



← **JUNE-JULY**
On-line Summer
Certificate program



Online



Turkey



→ **AUGUST**
Summer Certificate Program



← **AUGUST**
Teacher Training
Program



Turkey



Pakistan



→ **AUGUST**
Teacher Training
Introductory Program



← **SEPTEMBER**
5D Thinking
Training



Indonesia

University of Darussalam
Gontor



South Africa



→ **OCTOBER**
Participation at AMS
and GAIS

← **OCT-JAN**
Online Fall
Certificate
program



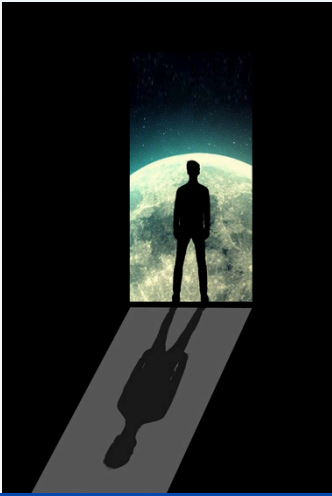
Online



Pakistan



→ **NOVEMBER**
Teacher Training Introductory
Program



HUMAN AS A MICROCOSMOS!

Dr. Ali Mermer

Whatever features there are in the universe, human beings have features like a switchboard that can extract and comprehend those features and question their source. Consciousness activates this feature of human beings. Human is also endowed with the exercise of will to freely choose between two alternatives in the field of choice left to him. This is expressed in the Qur'an as follows:

وَهَدَيْنَاهُ النَّجْدَيْنِ

"And did We not show him the two clear paths (of right and wrong)?" (90: 10).

What is the place of the universe-human relationship in this matter? When searching for meaning, human beings use their human qualities, such as consciousness, relate to the universe, and choose whether to question the meaning of the qualities manifested in the universe.

If human beings choose to question their relationship with the universe, they use their human qualities to comprehend and evaluate the meaningful features in the process of the universe's coming into existence. In this sense, human beings are in a position like the switchboard of the universe. This is how I perceive myself. No matter how other beings perceive themselves, I cannot know them, but I am aware of myself, I find myself in such a situation.

My central position leads me to search for the source of meaningfulness in the existence of the universe. The results of this search lead one into a conscious relationship with the source of the existence of the universe.

As a result of my observations, when I realize that in the qualities manifested in the existence of each being there is no such thing as time and space limitation, quality degradation, or strain in each being, I realize that this source is the source of the existence of the universe as a whole and therefore a source that cannot be defined in terms of the limited existence of each being in the universe.

The things are limited in their existence, but the qualities manifested in them are infinite because every being exists within the context of the whole universe and cannot be separated.

Moreover, it is subjected to continuous change, and at each stage of this change, it is given a perfect position within the universe, harmoniously working without causing any disturbance to the order of the universe.

That means that whoever is the source of the existence of this universe must be consciously arranging and creating every single being without causing any disorderliness in the whole universe. This source cannot have limited qualities; they all must be infinite, that is, Absolute.

In this process, human beings use the ability to consciously engage in a relationship with the source of existence of the universe. He does not deny that source but recognizes and affirms its existence and understands that all the properties of each part of the universe can only be realized by its choice.

When a person makes a self-centered evaluation, he realizes that his existence, first and foremost his consciousness and all other human emotions, also come into existence by the choice of the Source of Existence of this whole universe. He also realizes that human qualities cannot be the source of his existence and are, therefore, given to him intentionally.

After this stage, the human being is expected to make a choice that combines the source of the qualities given to him with those qualities manifested in each being of the universe. This choice is called "worship" in the language of religion.

While establishing a relationship of worship with his Creator, the human being waits for his Creator to inform him about how this will be realized. The universe does not answer these and similar questions. It only reminds man by witnessing that there must be an answer to these questions and waits for him to search for the answer. This need compels man to seek out the so-called "religions" that claim to be commissioned by the Creator.

Such a search is left to the choice of every human being within his or her own capacity. The alternative of not searching is also open before him.

This is what human freedom means. On the other hand, if a human does not choose the relationship of worship, his consciousness informs him that something is missing.

Otherwise, there is no point in being conscious. Every human being is capable of realizing that being conscious is also meaningful. Everyone should pay attention to this quality in themselves. Those who do not cannot avoid finding themselves in meaninglessness. I have come to this conclusion because I have experienced this situation as a human being. I perceive in my own experience that the characteristics in me and the characteristics in other people meet at the same denominator.

If a human being in such a construct chooses to relate to the source of existence under the guidance of this source of existence since he realizes that he and the universe come from the same source, he has to offer and confess the relationships he observes in the universe to the same source of existence; in other words, he has to put into practice his duty of worship, which is expressed in the language of "religion" as the human being "becoming the caliph of the universe."

We can now define man as a caliph, a leader in the universe. Yet the choice that man makes as a "caliph" or a "leader" due to his creation with the ability to choose freely is open to two alternatives, like all other choices.

The first one: Man can say, "I am equipped to uncover the properties of the entire universe, so I find them and use the universe as I wish to meet the material needs of my earthly life without questioning the necessity of their meaning."

In this case, human beings can reduce the human capacity of intelligence and unsatisfied feelings with temporary things given to them to merely using the universe for their material needs without entering into a relationship of "worship" that leads to their source.

This is what I call "reducing the universe to using it for one's material benefit only." This kind of self-interest reduces man to the level of an exploiter. It does not make one a "caliph" in any way.

Secondly: "I was created as a caliph in this universe. Therefore, I should act as a switchboard between the universe and the Creator of the universe by making the choice to connect with the true owner of the universe, which is a requirement of my caliphate". This choice is called "worship," which is the real purpose of being a caliph.

To uncover the properties of the universe in order to fulfill material needs is to choose not to pay attention to their meaningfulness. Therefore, I can only call it a purely materialistic attitude without investigating its meaning, selfishness, and exploitation. There is a saying in Turkish: "Eat your grapes; don't ask about their vineyard".

I can exemplify this choice as follows: When a person is invited somewhere, if he or she goes to the kitchen, explores it, finds the refrigerator, opens it, eats what he or she likes from it, and then leaves the house, if he or she does not question the inviter, the purpose, and meaning of the invitation, what kind of label would you describe such a person?

I would say that man should realize that he is a guest in this universe. Of course, one should search for what one needs at home, but only if one also questions the meaning and puts the results into practice. I can also give an example of this: How manipulative and exploitative is it for a commander to use his soldiers only for his own benefit and prevent them from doing their real military duty? It is not human at all.

To return to the previous example, a person who is invited to a house as a guest, to understand why he was invited to that house, goes through the house and examines the contents of the house to try to find out who invited him, what kind of person he is, why he might have invited him, and what he wants from him.

Then, by looking at the characteristics of the things he discovers in the house, he recognizes the characteristics of the inviter and sees the corresponding characteristics in himself. He realizes that the source of existence of the house and himself are not separate; they come from the same source.

Let's be careful; we may be drowning in a civilization that is a top crime of exploitation! Almost every institution in the world today is eager to teach people how to exploit the universe!

It is necessary to develop environments to raise people who fulfill their duty of worship as beautiful caliphs. I wish for all of us not to be exploitative or to live selfishly but to be a beautiful caliph, to take into account the meanings that the universe carries to us, and to offer them to the Creator of the universe with acknowledgment of His Ownership and Generosity, i.e., worship, with the aim of being a leader!

Then he begins to question: "Yes, we have one source, but why?" "For what purpose have I been invited here?" He goes on a search again to find the answers to these questions.

Realizing that to use this house for its intended purpose and not selfishly, the one who invited him to this house must help him in this regard as well; he continues his research.

He sees that the people appointed by that Source and their disciples are saying something to him. They are saying, "Our Creator sent us here for this purpose, and this is how we can fulfill that purpose."

If a human being uses the universe to realize the purpose of his existence, combines the characteristics he observes in it with the characteristics in himself, and enters into a relationship of "worship" in which he speaks with the meanings of beings who do not speak in tongues and expresses their speech with his own speech, then what a beautiful "caliph" and what a beautiful "leader" that human being is.





5D THINKING TO CONSTRUCT A GOD-CENTRIC WORLDVIEW

Haroun Asghar

In our world, secular ideas have largely influenced key domains such as science, education, and economy, a trend stemming from the European Enlightenment and the subsequent colonial era that impacted Muslim lands and other civilizations.

This secular dominance originated from a Christian background, which, during challenges to its doctrines like the Trinity or the dual nature of Jesus Christ, promoted a disconnection between reason and faith. From the 16th Century, this led to a gradual dismissal of Christian thought and an avoidance of Islamic teachings, steering Europe towards atheism, with scientism and materialism as its new metaphysical foundation.

The colonization era marked the destruction of diverse civilizational structures, replacing them with secular frameworks. In contemporary education, this secular narrative is evident, as God is often excluded from most subjects, only briefly appearing in religious studies.

Subjects like science propagate the idea of self-operating natural laws without acknowledging a divine lawgiver. This secular view fails to explain the origin of matter, the vastness of the cosmos, or the intricacies of nature, suggesting they exist without purpose or reason.

5D Thinking emerges as a counter-narrative to these prevalent secular ideologies. It brings together academics, educators, and philosophers to recenter our worldview around God. It challenges the secular notion of nature's ability to create and design both simple and complex entities without will or intelligence.

In observing the world, we see uniqueness in every aspect. For instance, while trees of a specific species share similarities, each tree is distinctly unique. This diversity points to a creative power with volitional agency and knowledge, attributes exclusive to God, who alone can create diverse entities. This leads to the contemplation of the Creator in creation.

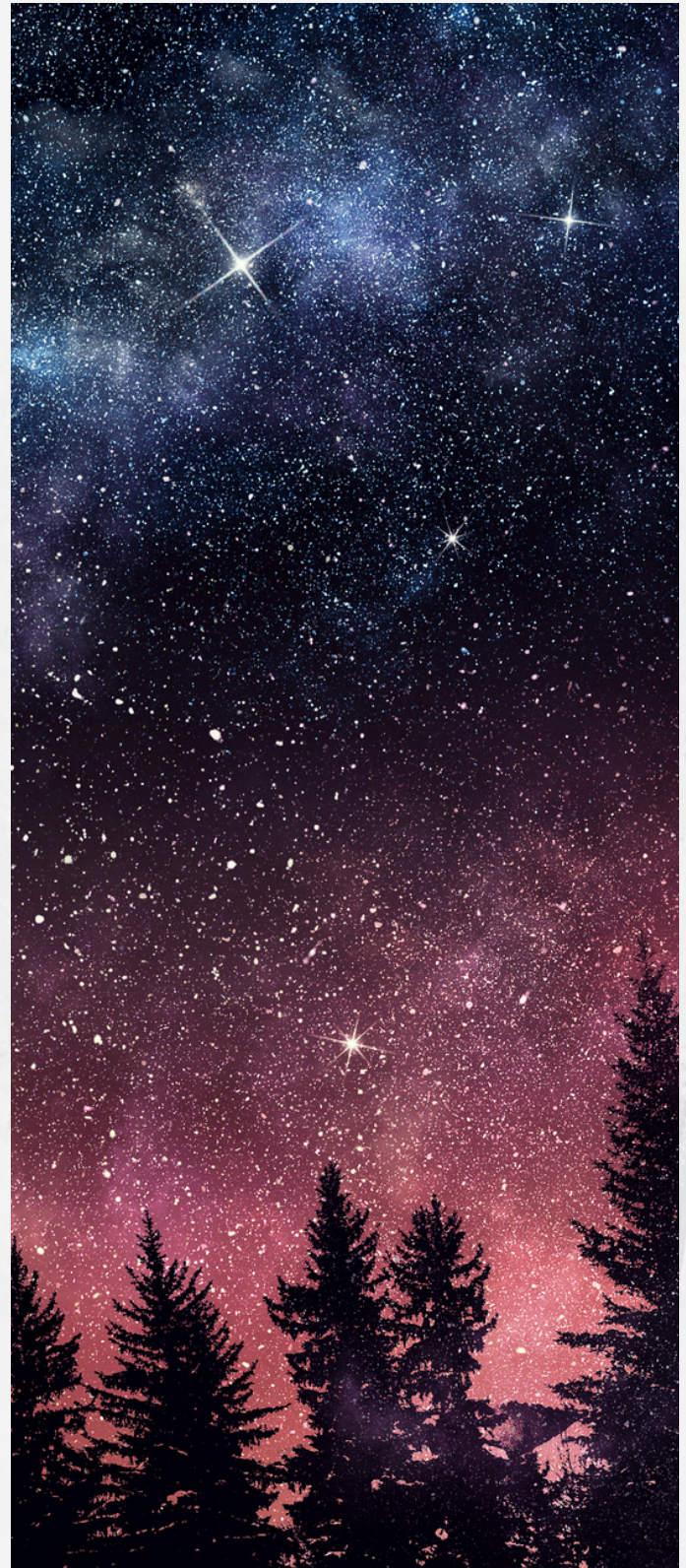
The 5D Thinking approach encourages us to think about the universe by comparing so-called natural phenomena with things made by humans. For instance, when we see how much planning, resources, and skill go into building a power plant or making a plastic bird model, it makes us wonder about the creation of natural things like lightning or birds. This comparison makes us question whether these events happen by chance or if they are part of a thoughtful, divine plan.

This method offers profound yet accessible means of understanding the truth, revealing God's presence in the cosmos. It enriches our perception of cause and effect, urging us to see God as the orchestrator of both cause and effect, and recognize the patterns He sets for us to study and utilize in science, medicine, and technology.

Meeting the 5D Thinking team in Istanbul in the summer of 2023 was not only a privilege but also an enriching experience. The team's dedication to reorienting society's perspective towards recognizing and appreciating the signs of the Creator in all creations is commendable. Their approach goes beyond mere theoretical discussion; it actively encourages seeing the divine hand in the intricacies of the universe.

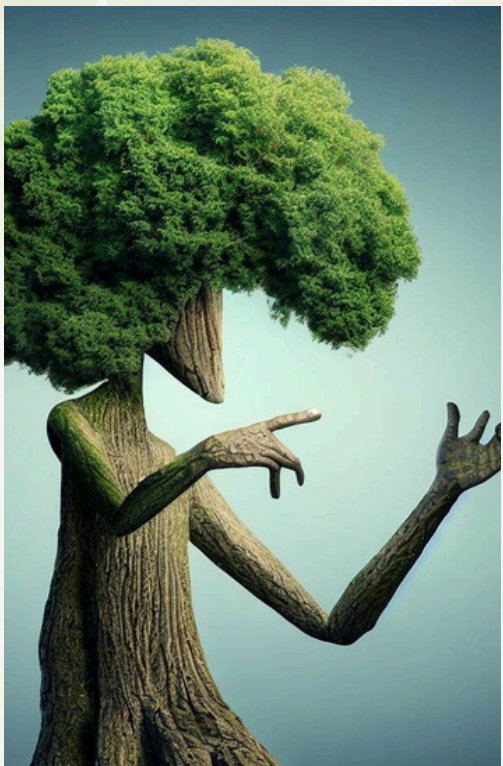
This perspective nurtures a deeper sense of belief and worship, rooted in the clear evidence of the Creator's presence in every aspect of our universe. The experience in Istanbul was not just an academic exercise but a journey towards spiritual and intellectual growth, fostering a global community united in its pursuit of understanding the Creator through His creation as well as revelation.

Reintroducing God into all aspects of education is crucial for a true understanding of our world and its purpose. It is with hope and prayer that we continue this journey of rediscovery and reverence.



If A Tree Could Speak

Abdulaziz Rasoul



**If a tree could speak, what would it say?
You take fruits from me and cut me when you need
You depend on me for so much but show no gratitude,
indeed**

**Do you think I created myself or made by nature or
chance?
But neither of them has will, knowledge or a personal
stance.**

**I depend on the sun, water, earth, and so more
And everything else is dependent on the One we all
adore**

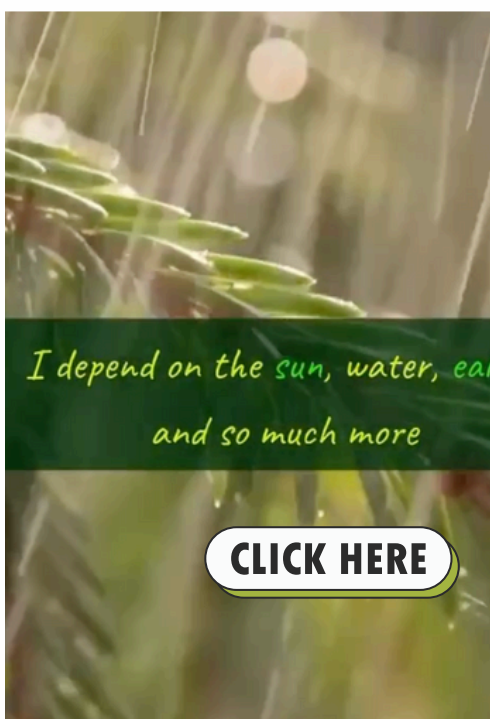
**I remember my creator and submit to Him in full
But you are given so much more, yet you are cruel**

**You and everything you depend on come from the
Sustainer
Yet you deny Him, show no gratitude and become a
complainer**

**Use your mind and reflect before it is too late
God gave you all the signs to find Him and move straight**

**Do you believe I'm speaking to you now, or is this a joke?
So, how do you still think I was created from a random
stroke?**

**Just know that I will not be resurrected or answer God
one day
But I worry for you, knowing you face Him alone soon,
and you will pay**



5D Thinking on Water Cycle

The water cycle is a water purification and distribution system that has continued for millions of years. It consists of four stages: Evaporation, Condensation, Precipitation, and Collection. This magnificent system is designed to meet the water needs of plants, animals, and humans.

Did you know that Singapore developed an artificial water cycle to overcome its water shortage?

This system purifies sewage water through a five-stage process and returns it to homes as drinking water.

Now, imagine a system capable of cleaning all the dirty water in the world. That is the water cycle system working for millions of years.

That cycle in the air is even more incredible than the man-made water cycle on the ground because it is rebuilt every time. Imagine if clouds, like water pipes, were always suspended in the air; how ugly that would be!



If you were to find out the Singaporean water recycling system in your house, would you say it just popped up on its own? What about the water cycle that covers the entire planet? Can it happen by itself?

FACTS

Every day, the sun helps evaporate one trillion liters of water for living beings.

A medium-sized cloud can carry up to 200 tons of water.

As rainwater seeps into the ground, it collects beneficial minerals like calcium and magnesium.

Water from the Pacific Ocean can fall on our noses as a raindrop.



Can it be the work of deaf and blind nature? Do you think the sun, wind, and oceans without mind could plan something so perfect for us?

Is it just a coincidence that seawater loses its salt when it falls as rain? Does river water acquire minerals by chance? Is it by luck that only one percent of all the water in the world becomes clean drinking water and falls as rain?

The Singaporean system is indeed a great invention. The engineers who discovered it should be congratulated. But what about the Earth-sized water cycle that has been running for millions of years? Can that cycle be without a master?



The Sun, Earth, Moon, atmosphere, oceans, and gravity work like a team to purify water for us. They have neither mind nor emotion to help us. They need the help of the entire universe.

Of course, helpless things cannot help others. Mindless beings cannot make something better than engineers. This means that the Maker of the water cycle is the maker of the Earth and all that lives on it. Indeed, the one who creates living beings from water must be the one who fulfills their need for water through the miraculous water cycle.

The Maker is the Life-Giver who creates living beings from simple water. He is All-Knowing and All-Powerful who creates the water cycle for living beings in connection with the universe. He is the Most Merciful and the Most Loving who gives them water for free out of His mercy and love.

Imagine if your water supply suddenly stopped. No showers, no clean dishes, no cleaning. Life would become difficult. How about if the God-sustained water cycle became disrupted? Rivers would run dry, crops would fail without rain, animals and humans would die.

Water is a precious gift for all living beings. For the gift of water distributed to us through the water cycle, we should do:

1. **Dhikr:** Remember that only Allah can create water and water cycle.
2. **Fikr:** Reflect on the wonder of constantly renewing water purification and distribution cycle.
3. **Shukr:** Wholeheartedly thank Allah for meeting the water needs of countless living beings with the water cycle.



Character lessons from the Water Cycle



Purify your soul like evaporating water droplets.



Be like clean water with your words and character.



Help people in need without discrimination, like rain.

To watch the video on the Water Cycle from the 5D Lens, click on the image below.



**O Allah, grant us a heart to thank without end,
For countless water droplets, you have sent.
This wonderful cycle is a gift from above,
A sign of Your mercy, kindness, and love.**



Upcoming Events

In 2024, a series of enriching and transformative events are scheduled to further the reach and impact of 5D Thinking in educational systems.

The year will commence with the on-site phase of the Fall Certificate Program in the verdant heart of Malaysia. This is closely followed by a Teacher Training Webinar in January, which is accessible online globally, ensuring broad and diverse participation.

Additionally, an Education Fair is slated for January 27th in the UK, showcasing the latest developments and resources. As the year progresses, Turkiye will host an August Teacher Training Program, promising another opportunity for educators to enhance their skills.

Throughout the first quartile, the much-anticipated publication process of 5D Thinking books will unfold, marking a significant milestone in disseminating this innovative approach.



Kuala Lumpur:
Jan 27-28
5D Thinking
Teacher Training

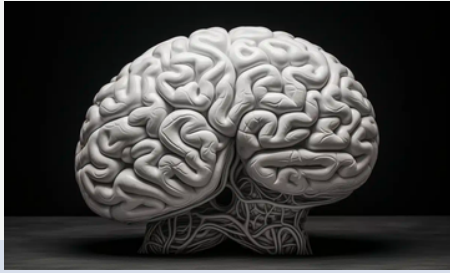
Kuala Lumpur:
Jan 23-29
Existence & Meaning

London: Jan. 27
Muslim Education
Fair 2024

Istanbul: August
Teacher Training
Program

Q1 of 2024:
Publications of 5D
Workbooks

Stay tuned for more events announcement ...!



CONTEMPLATING THE MOUSE BRAIN CELL ATLAS

Aisha Alowais

Welcome to the 'Breaking Science News through the 5D Lens' corner, your gateway to the latest and most profound scientific breakthroughs. In this edition, we're thrilled to invite you on an intellectual journey to explore a neuroscience milestone: the making of a complete cell atlas of the mammalian brain.

Recently, researchers achieved a groundbreaking feat by making the first complete cell atlas of a mammalian brain, specifically a mouse. This comprehensive map details over 32 million cells, their types, locations, molecular information, and connectivity.

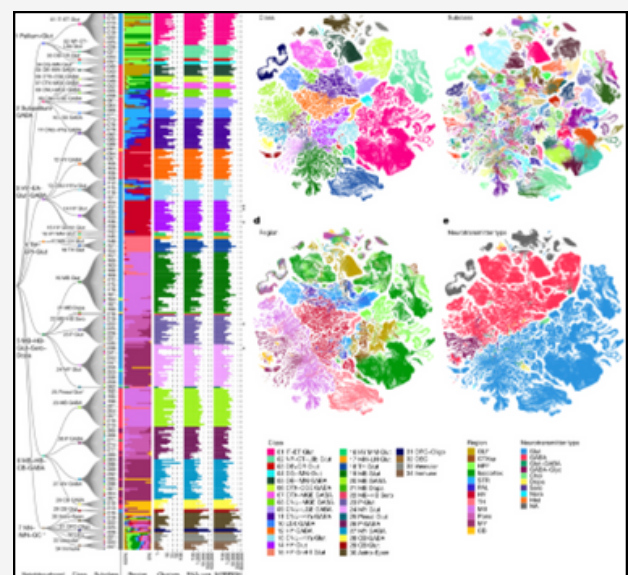
The mammalian brain showcases unparalleled complexity. With billions of neurons designed to form an elaborate network, it provides a platform like hardware for our physical actions, thoughts, emotions, and consciousness. The recent making of a complete cell atlas of a mouse brain, reflecting infinite wisdom, allows us to peer into the intricate design of the brain, enhancing our appreciation of its complexity and functionality.

Similarly, scientists reveal the neural pathways, the synaptic webbing, and the intricate programming that animates life, often forgetting to look beyond the data to the Divine Programmer.

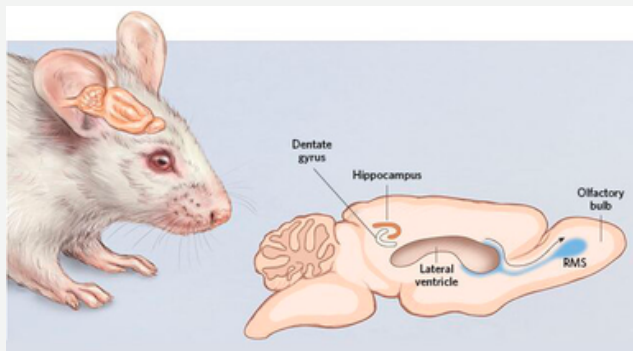
The paradox of creation and recognition yet, as we stand in admiration of our scientific achievements, tracing the brain's labyrinthine networks, we encounter an ironic disconnect.

These alien researchers on a distant planet might venerate the makers of the computers they cannot yet remake, acknowledging their ignorance and the makers' genius.

We applaud those who uncover the workings of the brain, the 'hardware' of our very essence, but frequently fail to honor the Maker who set this grand design in motion.



YAO ET AL., 2023



Contemplating the Divine Programmer in the World of Neuroscience, imagine if, on that distant planet, a breakthrough occurs — the realization that the computer is not merely a marvel of technology but a reflection of something greater.

The cells, synapses, and signals — every element of this biological marvel — are components of a divine code, crafted by a wisdom that surpasses the most sophisticated artificial intelligence. The brain as a microcosm of Divine wisdom, with its complex connections, is a sign to the interconnected cosmos. The mouse brain, our brain, operates with a precision mirroring the algorithms that govern our vast universe.

In that moment of awe, the inhabitants might consider the computer's maker with profound respect, acknowledging the intellect that conjured such a device. On Earth, as we delve into the mouse brain cell atlas, we too should experience a similar wonder.

It prompts us to question: Could such an intricate organ, reflective of the cosmos itself, arise without a masterful Creator?

As we examine this neural network, we are beckoned to express fikr (contemplation) on the divine intricacy, zikr (remembrance) of the Creator's omnipresence, and shukr (gratitude) for the knowledge granted to us. This atlas is not just a tool for scientific inquiry but a pathway to divine understanding, urging us to acknowledge the Creator's role in the creation of cognition, consciousness, and life itself.

Uniting discovery with divine acknowledgment in this grand design, as in the far-off computer's creation, the attributes of Al-Makir, the supreme Planner, and Al-Hakeem, the epitome of Wisdom, are evident. As we celebrate the advancements in neuroscience and the mapping of the mouse brain, let us also elevate our appreciation to Al-Khaliq, the Creator. For in every mapped neuron, every decoded pathway, we see the fingerprints of the Divine Programmer, inviting us to recognize and celebrate the ultimate source of all creation.



News article: <https://neurosciencenews.com/cellular-brain-map-25363/>

Publication: <https://www.nature.com/articles/s41586-023-06812-z>



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